

LCYC SAILING INSTRUCTIONS



1. RULES:

- 1.1 Ensign races will be governed by the Ensign Class Association Rules Part II. RULES & SPECIFICATIONS, which include the International Sailing Federation (ISAF) Rules.

2. EXCEPTIONS:

1. Crew – B Fleet is required to carry at least 1 crew in addition to the skipper (reduced from 2). A Fleet same as Ensign Rules.
2. **Outboard Motors** – Boats that do not carry an engine are not required to carry 30 lbs of weight as fixed ballast at the base of the mast.

2. ENTRY:

- 2.1 Owners, skippers, parents of minors, crew and guests should take note of the WAIVER of liability which must be signed prior to racing.

3. THE COURSE:

- 3.1 The race course and starting time for the day will be announced at the skippers' meeting, which will be held on the dock thirty minutes prior the A fleet start.

4. THE START:

- 4.1 The official starting line is between the orange flag buoy and the orange flag on the committee boat, not the committee boat itself.
4.2 Racers are not to sail between the committee boat & the barging mark.

5. SIGNALS:

- 5.1 Approximately thirty seconds before the starting sequence begins, the race committee will sound a series of horns to notify the fleet that the process is about to begin.
5.2 **WARNING SIGNAL:** Five minutes before the start the Ensign Class Flag will be raised, accompanied by one short sound.
5.3 **PREPARATORY SIGNAL:** Four minutes before the start the preparatory flag (blue flag with white square) will be raised, accompanied by one short sound.
5.4 One minute before the start the blue flag will be lowered accompanied by one long sound.
5.5 **START:** At the start, the ensign class flag will be lowered accompanied by a short sound.

6. RECALL:

- 6.1 A general recall of the fleet is signaled by 2 long sounds, and raising the first substitute flag (blue edged triangle with a yellow field). When the fleet is positioned to restart the recall flag will be lowered, accompanied by one long sound. One minute later the starting sequence will begin.
6.2 Individual recall is signaled by one short sound of the horn and raising the recall flag (a white field with blue +). The Committee will attempt to hail but is not responsible for hail receipt.

7. RACE LENGTH AND TIME LIMITS:

- 7.1 A typical race will consist of 1 or 2 laps plus upwind leg, races are **usually under 2 hours long**.
7.2 If the wind is light the Committee will announce a shortened course. If the wind dies or changes direction radically the Committee will announce race abandonment.
7.3 Races will be terminated ½ hour after the first place finishing time and all boats not yet finished will receive DNF's.
7.4 Race length and course layout is at the discretion of the race committee.

8. THE FINISH:

- 8.1 A blue flag will denote that the Committee boat is at the finish line.
8.2 The finish line is between the closest blaze orange flag buoy and the orange flag on the Committee boat.
8.3 When any part of a yacht crosses the finish line the yacht is considered to have finished.
8.4 One horn or gun is sounded to indicate that a yacht is considered to have finished.
8.5 After the race a return to the club dock for fun conversation is encouraged.

9. SAFETY:

- 9.1 It is always the sole responsibility of the skipper of each boat to determine whether to start or drop out.
9.2 The race committee may require that a PFD for each member on the racing boat is to be worn (flag Y). Flag Y will be flown from the committee boat.
9.3 The race committee may specify sails to be used during the race.
9.4 Read 14 Safety Equipment A,B,C & D in the Ensign class book.
A. Add to list 1 or more buckets for bailing.
B. Same
C. Same
D. See Andy Bohn for recommendations on adding additional flotation above what is required.
9.5 Ensigns entering all OFF shore races (around Marquette, LaSalle and Mackinac Island) must have on board a #2, blade or working jib. It is recommended that one of these sails be on the boat for all races.
9.6 Ensigns entering The Horsburgh Trophy Race must carry a VHF radio. The race committee will give a radio check before the race. If a yacht elects to retire they must notify the race committee as soon as possible on channel 72. An exception to the class association rules is that on this race we encourage you to have GPS.
9.7 The race committee will monitor VHF weather to advise skippers of severe weather & may abandon any race if prudent.

10. SCORING:

- 10.1 Minimum points will be used for all races and series totals. First place receives 1 points, second receives 2 points, third receives 3 points, and so on.
10.2 There will be no ties. In case of tie the yacht that finished ahead of the other, the greatest number of times will be the winner. If this does not break the tie, the yacht that has the greatest number of firsts, seconds, thirds, etc. shall be declared the winner. If a tie still remains, the yacht that beat the other in the last race of the series shall be the winner.

11. PROTESTS:

- 11.1 A vigorous attempt shall be made to alert the boat that you are protesting.
11.2 A red protest flag must be hoisted at the first opportunity after the incident for a protest to be considered by the Protest Committee.
11.3 A protest, in proper form, must be filed in writing with the Race Committee within 1 hour of the finish of the days racing.
11.4 A Protest Committee will be named by the Race Chairman.
11.5 A hearing shall be held prior to the next day's racing. The Protest Committee will adhere to the ISAF protest procedure.

12. 720/360 RULE:

- 12.1 The 720 rule, Rules 44.1 and 44.2 of the ISAF rules, will apply. A yacht that has infringed a rule while racing and that wishes to exonerate itself by accepting a 720° penalty shall, as soon as possible, sail well clear of other yachts and, while remaining clear, immediately make two complete turns including two tacks and two jibs.
12.2 A yacht which has touched a race buoy may exonerate itself by, as soon as possible, sailing well clear of other yachts and, while remaining clear, by the one tack & one jib procedure.

13. THROW OUTS:

- 13.1 No throw outs are allowed in the LCYC regatta.
13.2 Two (2) throw outs are allowed in a A Fleet Birkmeier season championship & the B Fleet Knapp season championship.
A. The Horsburgh Trophy Race does not count in either A or B Fleets for season championship.
B. A boat that is found at fault as a result of a protest, or a boat that is disqualified may not exclude that score in calculating her series score.